

# Maths Confidence for Life and Work (Beginners)

  
**Ofsted**  
Outstanding  
Provider

Course Level: Entry Level

Campus: Stafford

Subject Type: Science & Maths

## Course Overview:

Our Maths Confidence for Life and Work course is perfect for adults who find maths difficult and want to build their confidence in a relaxed, supportive environment.

This friendly and practical course focuses on everyday numeracy skills that you can use at home, at work, and in the community. You'll cover topics such as whole numbers, fractions, and decimals, and learn how to apply them in real-life situations like shopping, budgeting, or measuring. With the help of your teacher, you'll develop a positive attitude towards maths and discover that it can be both achievable and even enjoyable.

## What's Covered:

During this supportive maths course, you'll begin to build confidence in essential numeracy skills that are useful in everyday life and the modern world. You'll explore number and number systems, including working with whole numbers, fractions, and decimals, and learn how to apply these skills in practical, real-life situations.

Your teacher will guide you throughout your maths journey, helping you to develop a positive mindset and belief in your ability to improve. Through engaging and interactive activities, both in and outside the classroom, you'll discover that maths can be both enjoyable and achievable.

To make the most of your learning, you'll be encouraged to practise regularly at home and apply your new skills in everyday situations with family and friends. With the right support and mindset, everyone can grow their confidence in maths.

## Entry Requirements:

There are no entry requirements, our *Maths Confidence for Life and Work* course is designed for those who find maths challenging and want to build their confidence in a supportive environment.

## Assessment Information:

There are no formal assessments, just the opportunity to enjoy learning maths in a relaxed and supportive environment. However, we will check your progress through a variety of practical and written activities to help you see how far you've come.

You'll keep track of your development through an Individual Learning Plan, which will reflect your personal journey with maths. Your teacher will provide regular feedback and encouragement to help you grow in confidence and reach your goals.

## Fees and Financial Support:

This course is FREE to adults aged 19+ who have been a UK/EU Resident for 3 years or more.

## Progression:

Once you have successfully achieved the maths course you will have the option to progress on to a Functional Skills qualification.

### **What else do I need to know?**

Please note that courses run subject to minimum viable class sizes.

Our daytime classes take place in welcoming community venues close to the college, offering a convenient and supportive learning environment. You'll have the opportunity to meet like-minded adults who are also looking to develop their skills, achieve their ambitions, and take the next steps in their careers.

## **How do I find out more?**

For further information, please contact our Adult Education Team on 01782 254211 or email [adult.education@nscg.ac.uk](mailto:adult.education@nscg.ac.uk).