

NCFE Level 3 Extended Diploma in Sport And Physical Activity (Leek Town)



Course Level: Level 3

Campus: Leek

Subject Type: Sport & Public Services

Course Overview:

The NCFE Level 3 Extended Diploma in Sport and Physical Activity (Leek Town) provides in-depth knowledge of sports coaching, fitness, and performance. Designed for aspiring professionals, it combines theory and practical experience, preparing students for careers in sport or progression to higher education in related fields.

What's Covered:

The NCFE Level 3 Extended Diploma in Sport and Physical Activity is for 16–19-year-olds interested in sports like athletics or football. Delivered with Leek Town Football Club and supported by NSCG, it combines elite football training with a comprehensive academic curriculum. Students may represent Leek Town FC and train with the First Team, shadowing professional coaches.

The course offers access to UEFA Licensed coaches and performance analysis technology like PlayerTek GPS. The curriculum covers fitness training, sports psychology, anatomy, and current issues in sport. Practical sessions take place at Leek Town FC's facilities, including their 4G pitch. Beyond sport-specific skills, the program develops transferable attributes like teamwork and critical thinking. Students also benefit from optional refereeing and coaching courses and work experience. The program prepares students for careers as athletes, coaches, physiotherapists, sports scientists, or PE teachers.

- Elite football training with opportunities to play competitively
- Access to UEFA Licensed coaches and cutting-edge sports technology
- Comprehensive academic study in sport-related subjects
- Work experience and vocational pathway options
- Development of transferable skills like teamwork and critical thinking
- State-of-the-art facilities including Academy Hub and 4G pitch
- Strong progression prospects into higher education or professional sport

Entry Requirements:

You will need a minimum of four or more high grades at GCSE in subjects relevant to the course you'd like to study, including maths and/or English Language at grade 4 or above. Alternatively, you'll need a Level 2 with overall Merit in a relevant subject and Maths and English at appropriate levels.

Assessment Information:

You will create an NCFE portfolio showcasing your skills, knowledge, and understanding. This portfolio may include videos or photos of practical activities, written assignments, PowerPoints, leaflets, posters, and evidence from professional discussions.

Fees and Financial Support:

This course is free for anyone aged 16 – 18.

College Maintenance Allowance (CMA):

Anyone with a gross household income under £30,000 can receive financial support to cover

college related costs such as transport, meals, course equipment and uniform. Bursary support is based on individual circumstances and will be allocated to best suit your individual needs. A range of other financial support is available depending on your personal circumstances. For more details visit nscg.ac.uk/finance

Progression:

After completing this course, you could progress to employment in the sports and fitness industry—such as individual or group sports activities, health promotion, coaching, and community development—or continue your education by pursuing a university degree.

How do I find out more?

For further information, please email: info.leek@nscg.ac.uk