

# Level 2 First Certificate in Sport (AGFA)

Ofsted Outstanding Provider

**Course Level: Level 2** | **Campus: Stafford** | **Subject Type: Sport & Public Services**

## Course Overview:

Alongside training and competing for the Andy Griffin Football Academy, embark on a journey in the world of sports with our Level 2 Certificate program. Delve into the fundamentals of sports science, coaching and fitness training. Gain practical experience in sports management, event organization and athlete development. This comprehensive program equips you with the skills and knowledge needed for various roles in the sports industry. Whether you dream of becoming a coach, fitness instructor, or sports administrator, this certificate is your pathway to success.

### What's Covered:

This course is based at Newcastle College and also offers a Football Academy alongside your academic studies. Our specialist coach ex professional footballer Andy Griffin will offer excellent knowledge in football and strive to develop each player to play at the highest level.

You will cover eight units in total over the one year, full-time course. Some examples of the units you will study are anatomy and physiology in sport, injuries in sport, fitness testing and training, physiology for sport, Training for personal fitness and practical sports. You will continue to improve your maths and/or English skills in structured lessons alongside your course, and if you plan to progress to a Level 3 course you will need to demonstrate a satisfactory level of improvement in maths and/or English by the end of the year.

**100%**

**pass rate**

### Entry Requirements:

You will need 4 GCSEs at grade 3 or above. However, if you have a keen interest in the subject and commitment to succeed, your entry requirements will be discussed at your course discussion appointment.

**Progress**

**to Level 3**

### Assessment Information:

The course is accredited by BTEC. The certificate will require you to successfully pass two external exams that include fitness for sport and exercise and also anatomy and physiology for sports performance, along with other additional continuous assessments throughout the year. This involves carrying out assignments, project work, presentations, report writing, class tests and collecting video evidence. All assessments will be graded at Pass, Merit and Distinction. You will also be expected to do independent study at home towards your assessments.

### Fees and Financial Support:

**This course is free for anyone aged 16 – 18.**

### College Maintenance Allowance (CMA):

Anyone with a gross household income under £30,000 can receive financial support to cover college related costs such as transport, meals, course equipment and uniform. Bursary support is based on individual circumstances and will be allocated to best suit your individual needs. A range of other financial support is available depending on your personal circumstances. For more details visit nscg.ac.uk/finance

### Progression:

On completion of the course you will gain the BTEC Level 2 First Certificate in Sport which will allow you to progress onto the BTEC Level 3 National Extended Diploma in Sport providing you

gain an overall Merit on the Level 2 course. The qualification is also designed to prepare you for appropriate direct employment in the vocational sector and is suitable for you if you have decided that you wish to enter a particular specialist area of work in the areas of sport, leisure and fitness. It also gives you the opportunity to develop a range of techniques, personal skills and attributes essential for successful performance in working life.

**What else do I need to know?**
You will be expected to participate in all activities and excursions that are arranged as part of your course. There are online resources to support you on this course and an Additional Learning Support team if required.

## How do I find out more?

If you wish to find out more you can contact Morgan Oxborrow, by emailing: morgan.oxborrow@nscg.ac.uk