

# Level 2 Certificate in Introduction to Caring for Children and Young People (TQUK) - Distance Learning



Course Level: Level 2

Campus: All

Subject Type: Care, Education, Nursing & Midwifery

## Course Overview:

Take your first steps into caring for children and young people with a FREE online short course. Learn a range of essential skills for this sector including child development, play, nutrition and safeguarding.

## What's Covered:

The course covers a range of topics including child development, play, nutrition and safeguarding. You'll develop practical skills and knowledge that will be essential in any childcare setting. This is the ideal starting point if you're considering a career in childcare, or if you simply want to gain a better understanding of how to care for children and young people.

During the online course you will learn:

### **Unit 1: Safeguarding the welfare of children and young people**

This unit examines legislation, guidelines, policies and procedures for safeguarding the welfare of children and young people (including e-safety). Learn what action to take when children or young people are injured or ill and when complete, gain the ability to recognise emergency procedures as well as how to respond to suspicions that a child or young people has been abused, harmed or bullied.

### **Unit 2: Understand how play forms part of a child's development**

This unit will explore the stages of development and how positive environments support the development of young children from birth to three years. It will explore the necessity of play as well as demonstrating different play activities suitable for young children.

### **Unit 3: Use food and nutrition information to plan a healthy diet**

This unit will help to build an understanding of how to make healthy and nutritional food choices for children. Develop knowledge of food labels and what to look out for to ensure that children are given a balanced diet.

### **Unit 4: Understand how to use play to support early learning and development**

This unit explores the vital importance of creativity and imagination in the development of a child. Learn about how to organise a cooking activity for children as well as the particular importance of books and stories in child development.

## Entry Requirements:

There are no formal entry requirements for this course, however you should have a good level of reading and writing skills.

## **Assessment Information:**

This is an online learning course and will require the learner to commit to self study hours in order to complete the assessments.

Each learner will be assessed via interactive online resources and end of unit assessment questions. Assessments must be completed in the agreed timescale and submitted to the assessor who will then provide feedback, advice and guidance, and, additional support where needed.

## **Progression:**

There are further online Level 2 certificates that you may progress to, which include: Children's mental health, awareness of bullying Children, Mental Health First Aid and diversity and Counselling Skills. Alternatively, may wish to progress to our face to face Level 2 Counselling Skills course offering onsite at Newcastle and Stafford Colleges Group.

## **What else do I need to know?**

This course is FREE for adult learners aged 19+ who are UK residents with a valid immigration status for the duration of the course. Please note, if you choose to withdraw from the course, you may be charged a £100 administration fee.

This course is delivered through self-study using interactive software, alongside independent study tasks. Studying online can be challenging, as it requires staying organised, motivated, and managing your own time, but you'll have tutor support to help you stay on track and make progress at your own pace.

## **How do I find out more?**

For further information, please contact our Adult Education Team on 01785 275594 or email [adult.education@nscg.ac.uk](mailto:adult.education@nscg.ac.uk).