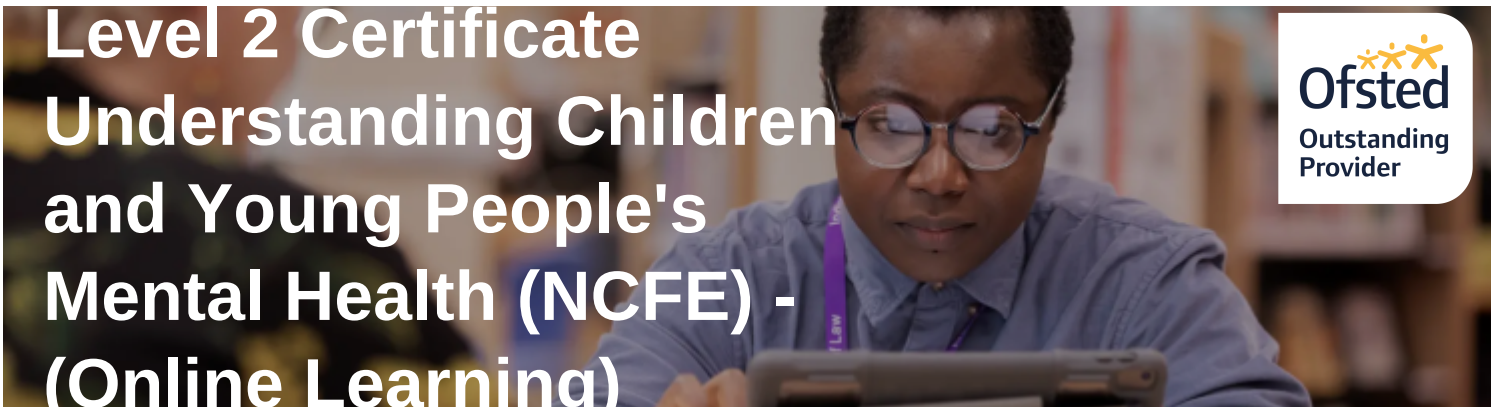
Level 2 Certificate Understanding Children and Young People's Mental Health (NCFE) - (Online Learning)



Ofsted Outstanding Provider

Course Level: Level 2

Campus: Newcastle

Subject Type: Care, Education, Nursing & Midwifery

Course Overview:

Boost your understanding of children and young people's mental health with our Level 2 online course. Learn to recognise mental health concerns, explore risk factors, and discover effective ways to support young people. Gain practical skills and knowledge to make a real difference in children's lives.

What's Covered:

Our level 2 understanding children and young people's mental health course develops the skills needed to understand mental health conditions that affect people, the legislation and guidance surrounding mental health, risk factors that may affect mental well-being and the impact that mental health concerns may have on young people and others.

During the online course you will learn:

Unit 1: Understand children and young people's mental health in context

Learn about the concept of mental health and how society's view of mental health has changed over time. Discover the legislation in place to support mental health.

Unit 2: Understand factors which may affect children and young people's mental health

This unit uncovers the risk factors that can affect young people's mental health and how these can be mitigated. Explore developmental changes and how puberty can impact mental health.

Unit 3: Understand children and young people's mental health concerns

Discover the behaviours displayed that may indicate a mental health concern. Find out about common mental health conditions that affect children and young people.

Unit 4: Understand the impact of children and young people's mental health concerns

Investigate the impact of mental health concerns on children, young people and others and develop an understanding of the importance of diagnosis and the reasons why children and young people may be reluctant to seek a diagnosis.

Unit 5: Understand how to support children and young people with mental health concerns

Here you will explore person-centred approaches to supporting children and young people with mental health concerns, how to promote mental well-being, and the services and treatment involved with children mental health.

Entry Requirements:

There are no formal entry requirements for this course, however you should have a good level of reading and writing skills.

Assessment Information:

This is an online learning course and will require the learner to commit to self study hours in order to complete the assessments.

Each learner will be assessed via interactive online resources and end of unit assessment questions. Assessments must be completed in the agreed timescale and submitted to the assessor who will then provide feedback, advice and guidance, and, additional support where needed.

Progression:

There are further online Level 2 certificates that you may progress to, which include: Caring for Children, awareness of bullying Children, Mental Health First Aid and diversity and Counselling Skills. Alternatively, may wish to progress to our face to face Level 2 Counselling Skills course offering onsite at Newcastle and Stafford Colleges Group.

What else do I need to know?

This course is FREE for adult learners aged 19+ who are UK residents with a valid immigration status for the duration of the course. Please note, if you choose to withdraw from the course, you may be charged a £100 administration fee.

This course is delivered through self-study using interactive software, alongside independent study tasks. Studying online can be challenging, as it requires staying organised, motivated, and managing your own time, but you'll have tutor support to help you stay on track and make progress at your own pace.

How do I find out more?

For further information, please contact our Adult Education Team on 01785 275594 or email adult.education@nscg.ac.uk