

Extended Diploma in Sport

Ofsted Outstanding Provider

Course Level: Level 3 | **Campus: Stafford** | **Subject Type: Sport & Public Services**

Course Overview:

Want to turn your passion for sport into an exciting career? On this course we'll help you to increase your depth and breadth of knowledge, understanding and skills related to the scientific, sociocultural and practical aspects of physical education.

What's Covered:

The sport industry is a stimulating sector where you can progress and specialise in a range of exciting areas. Sport provides a great platform to get out and support the local community whether you are teaching sports skills to beginners or right up to professional sportspersons. Teaching in Physical Education is also a hugely rewarding job that requires a good knowledge of a range of sports and coaching theories and philosophies.

The aim of this course is to develop your theoretical and practical knowledge of Sport through working towards a Level 3 nationally recognised qualification.

You will cover a minimum of 16 units including, Anatomy and Physiology, Fitness Training and Programming for Health, Sport and Wellbeing, Professional Development in the Sports Industry, Sports Psychology, Skill Acquisition and Sports Injuries.

You will learn through a well-balanced range of studies which combine practical skills with theoretical knowledge with lessons taking place in both a classroom environment and also indoor and outdoor sports facilities, overseen by specialist sports lecturers.

Career progression upon completion could lead you towards a number of exciting Physical Education related fields including Primary or Secondary Teaching, Sports Psychology, Sports Coaching and Sports Business Marketing.

In order for you to get the most out of your time on the course, it is recommended that you complete as much volunteering and relevant work experience as possible to give you an insight into working in the sports industry.

Entry Requirements:

You will need a minimum of four or more high grades at GCSE in subjects relevant to the course you'd like to study, including maths and/or English Language at grade 4 or above. Alternatively, you'll need a Level 2 Diploma with overall Merit in a relevant subject and Maths and English at appropriate levels.

Assessment Information:

The course is accredited by BTEC and each unit is graded Pass, Merit and Distinction. Students will complete a minimum of 14 units over two years of full time study and build a portfolio of assessments. A period of work placement is included during which time students will use and develop skills acquired on the course. Assessments throughout the programme can vary from written assignments, presentations, role plays, in-class tests, developing blogs and other relevant methods as directed by Edexcel RQF guidance.

100%

pass rate

90.7%

achieved DMM+ in 2026

Assessment is predominantly through coursework, with some externally assessed content via exams.

Fees and Financial Support:

This course is free for anyone aged 16-18.

College Maintenance Allowance (CMA):

Anyone with a gross household income under £35,000 can receive financial support to cover college related costs such as transport, meals, course equipment and uniform. Bursary support is based on individual circumstances and will be allocated to best suit your individual needs. A range of other financial support is available depending on your personal circumstances. For more details visit nscg.ac.uk/finance

Progression:

On completion of the course you will gain the BTEC Level 3 National Extended Diploma which is accepted by universities for entry onto their courses such as sports coaching, sports therapy, physiotherapy and secondary education PE. You can progress onto internal Higher Education courses at the College such as the HNC in Sport and Exercise Science (Coaching Science) at the Newcastle College campus or degree level programmes at other universities. You can sign up to a higher level apprenticeship or seek employment in the sports industry as a community sports officer, coach, sports development officer, sports analyst or sports journalist

The qualification is also designed to prepare learners for appropriate direct employment in the vocational sector, and is suitable for those who have decided that they clearly wish to enter a particular specialist area of work in the areas of sport, leisure and fitness. It also gives learners the opportunity to develop a range of techniques, personal skills and attributes essential for successful performance in working life.

What else do I need to know?

Enrichment opportunities include supporting local schools, with previous trips including Barcelona. Students can also get involved with the Academy of Sport, providing further opportunities to develop their skills and experience.

How do I find out more?

If you wish to find out more you can contact Jack Longmore, by emailing:
jack.longmore@nscg.ac.uk