

# Level 1 Award in Sexual Health Awareness



Course Level: Level 1

Campus: Both

Subject Type: Care, Education, Nursing & Midwifery

## Course Overview:

Gain fundamental knowledge and understanding of sexual health topics. Explore key concepts such as reproductive health, contraception methods, sexually transmitted infections (STIs) and consent. Learn about the importance of healthy relationships, communication skills, and access to sexual health services.

## What's Covered:

This qualification aims to:

- raise learners' awareness of sexual health and relationship issues
- develop learners' understanding of contraception and sexually transmitted infections
- develop learners' knowledge of relevant legislation.

## Entry Requirements:

Be working or volunteering in a health and social care environment or other relevant working environment; have a basic level of English in order to complete the written assessments.

## Assessment Information:

This course will require the learner to commit to self study hours in order to complete the assessments.

To achieve the Level 1 Award in Sexual Health Awareness, learners must successfully demonstrate their achievement of all learning outcomes and assessment criteria of the mandatory unit.

Assessments must be completed in the agreed timescale and submitted to the assessor who will then provide feedback, advice and guidance, and, additional support where needed.

## Fees and Financial Support:

This course is FREE to adult learners aged 19+ who have been a UK/EU Resident for 3 years or more.

## Progression:

Learners who achieve this qualification could progress to:

- Level 1 Award in Mental Health Awareness
- Level 1 Award in Alcohol Awareness
- Level 1 Award in Stress Awareness
- Level 1 Award in Awareness of Substance Misuse
- L1 Award in Nutrition and Health

## How do I find out more?

### Contact

Susan Goodwin, H&SC Assessor

Tel: 01782 254121

Email: [susan.goodwin@nscg.ac.uk](mailto:susan.goodwin@nscg.ac.uk)

Or

Chloe Richards, H&SC Administrator

Tel: 01782 254387

E Mail: [chloe.richards1@nscg.ac.uk](mailto:chloe.richards1@nscg.ac.uk)