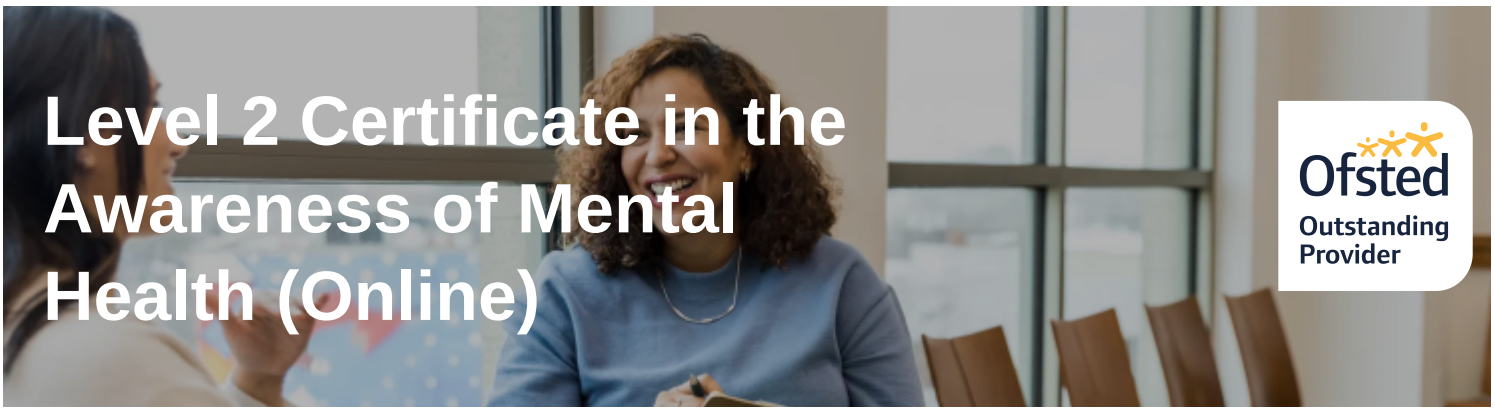


Level 2 Certificate in the Awareness of Mental Health (Online)

Ofsted Outstanding Provider

Course Level: Level 2

Campus: Newcastle

Subject Type: Care, Education, Nursing & Midwifery

Course Overview:

Deepen your understanding of mental health issues. Explore various mental health conditions, including anxiety disorders, depression, schizophrenia and bipolar disorder. Learn about the signs, symptoms, and impact of these conditions on individuals and society. Gain insights into effective communication strategies, stigma reduction, and supporting individuals experiencing mental health challenges.

What's Covered:

This course will give an overall understanding of mental health. Topics included for the units; Understanding stress, anxiety, phobias, depression, post-natal depression, bipolar disorder, schizophrenia, dementia, eating disorders and attention deficit hyperactivity disorder.

Entry Requirements:

There are no formal entry requirements for this course, however you should have a good level of reading and writing skills.

Assessment Information:

This is an online learning course and will require the learner to commit to self study hours in order to complete the assessments.

Each learner will be assessed via interactive online resources and end of unit assessment questions. Assessments must be completed in the agreed timescale and submitted to the assessor who will then provide feedback, advice and guidance, and, additional support where needed.

Fees and Financial Support:

This course is FREE to adult learners aged 19+ who have been a UK/EU Resident for 3 years or more.

Progression:

There are further Level 2 certificates that you may progress to, which include: safeguarding, common health conditions, dementia care, and infection control, care planning, autism, learning disabilities, equality and diversity, nutrition. Also you may progress to a Level 2 or 3 Diploma in Adult Health and Social Care or progress on to an apprenticeship within the sector.

How do I find out more?

For more information, please get in touch by calling Susan Goodwin, Health and Social Care Assessor on 01782 254121 or email susan.goodwin@nscg.ac.uk