

Course Level: Level 2

Campus: Both

Subject Type: Care, Education, Nursing & Midwifery

#### **Course Overview:**

Explore the underlying factors contributing to challenging behaviours, including communication difficulties, unmet needs, and sensory sensitivities. Learn evidence-based strategies for de-escalating situations, promoting positive behaviour and supporting individuals with challenging behaviours. Develop empathy and communication skills to engage effectively with individuals and foster positive relationships.

#### What's Covered:

This course will give an overall understanding of the Understanding behaviour that challenges. Topics covered include:

- Understanding behaviour that challenges and how to support positive behaviour.
- Understanding the importance of effective communication and the management of behaviour that challenges.
- Understanding the role of reflection and support for those involved in incidents of behaviour that challenges.

## **Entry Requirements:**

Be working or volunteering in a health and social care environment or other relevant working environment; have a basic level of English in order to complete the written assessments.

#### **Assessment Information:**

This is an online learning course and will require the learner to commit to self study hours in order to complete the assessments.

Each learner will be assessed via interactive online resources and end of unit assessment questions. Assessments must be completed in the agreed timescale and submitted to the assessor who will then provide feedback, advice and guidance, and, additional support where needed.

#### **Fees and Financial Support:**

This course is FREE to adult learners aged 19+ who have been a UK/EU Resident for 3 years or more.

### **Progression:**

There are further Level 2 certificates that you may progress to, which include: mental health problems, dementia care, and infection control, care planning, autism, common health conditions, equality and diversity, nutrition, safeguarding. Also you may progress to a Level 2 or 3 Diploma in Adult Health and Social Care or progress on to an apprenticeship within the sector.

# How do I find out more?

For more information, please get in touch by calling Susan Goodwin, Health and Social Care Assessor on 01782 254121 or email <a href="mailto:susan.goodwin@nscg.ac.uk">susan.goodwin@nscg.ac.uk</a>