

# Award in Counselling Concepts



Course Level: Level 2

Campus: Stafford

Subject Type: Care, Education, Nursing & Midwifery

## Course Overview:

This course offers a foundational exploration of key principles and concepts that underpin the practice of counselling, providing you with a solid understanding of the field. Delve into various theoretical approaches to counselling, gaining insight into human behaviour, emotions and relationships.

## What's Covered:

The SEG Awards Level 2 Award in Counselling Concepts qualification is aimed to introduce learners to the concept and purpose of counselling, as well as the ethical considerations and skills used in a counselling situation. Learners must successfully complete three units in the qualification for a total of six credits.

Furthermore this award aims to provide you with the basic counselling skills and underpinning knowledge required to progress on to higher level Counselling qualifications. Topics will include, therapeutic models of counselling, ethical frameworks and helping relationships as well as developing effective communication skills, reflecting on personal development and identifying areas for future development.

## Entry Requirements:

There are no formal entry requirements for this course.

## Fees and Financial Support:

Please note there may be additional costs for books, materials or other expenses.

Newcastle and Stafford Colleges Group is pleased to be able to offer financial support to help students meet the costs of attending College.

If you are on state benefits or are on a low income you may be entitled to fee remission towards your course. \*This is at the Colleges discretion. If you have any queries with regards to the funding of your course, please contact Charlotte Robertson on 01782 254141 or email [charlotte.robertson@nscg.ac.uk](mailto:charlotte.robertson@nscg.ac.uk).

## Progression:

Learners who achieve this qualification could progress to the following qualification: Level 3 Certificate in Counselling skills

## What else do I need to know?

Please note there may be additional costs for books, materials or other expenses.

## How do I find out more?

To find out more contact Michelle Davies by emailing [michelle.davies@nscg.ac.uk](mailto:michelle.davies@nscg.ac.uk) or calling 01785 275124