

# NCFE Level 1 Award in Preparing to Work in Adult Social Care

Ofsted Outstanding Provider

**Course Level: Level 1**

**Campus: Newcastle**

**Subject Type: Care, Education, Nursing & Midwifery**

## Course Overview:

If you're considering a career in adult social care but aren't sure where to start, our NCFE Level 1 Award in Preparing to Work in Adult Social Care course is a great introduction to working in care settings such as care homes or supporting people in their own homes. Co-designed with a local employer, it covers key responsibilities, core values like kindness and respect, and the essential communication, English, and maths skills needed in the role.

You'll build confidence, learn through practical examples, and discover your next steps in care or further training.

## What's Covered:

Our preparing to work in adult social care course has been co-designed with a local employer to ensure it meets the needs of both learners and employers. The course will help you learn about:

- What it's like to work in adult care
- The different types of roles and care settings, such as care homes or supporting people in their own homes.
- Key responsibilities in adult care, including helping with meals, daily routines, personal care, and ensuring safety.
- Core values such as kindness, respect, and dignity in care work.
- The importance of English and maths in accurate record keeping, with practical examples.
- Communication skills, both verbal and non-verbal, in the workplace.
- Next steps in care work or further study.

## Entry Requirements:

There are no formal entry requirements for our Introduction to Health and Social care course, just an interest in exploring a career in the sector. Although, you will need basic literacy skills to enable you to produce the evidence for the qualification.  To help ensure the course meets your starting point, you will be invited to attend college prior to the course start date to completed an initial assessments, meet your teacher and learn more about the course.

## Assessment Information:

There are no tests or exams. You'll learn through fun, practical tasks and your tutor will give you regular feedback. You will track your progress on a simple learning plan together with your teacher.

## Fees and Financial Support:

This course is FREE to adults aged 19+ who have been a UK/EU Resident for 3 years or more.

## What else do I need to know?

Please note that courses run subject to minimum viable class sizes.

Our daytime classes take place in welcoming community venues close to the college, offering a convenient and supportive learning environment. You'll have the opportunity to meet like-minded

adults who are also looking to develop their skills, achieve their ambitions, and take the next steps in their careers.

## How do I find out more?

For further information, please contact our Adult Education Team on 01782 254211 or email adult.education@nscg.ac.uk.