

# Level 2 Certificate in Self Harm, Suicide Awareness and Prevention (Online)

Ofsted Outstanding Provider

**Course Level: Level 2**

**Campus: Newcastle**

**Subject Type: Care, Education, Nursing & Midwifery**

## Course Overview:

Explore the complex factors contributing to self-harm and suicide, including risk factors, warning signs and protective factors. Learn evidence-based strategies for prevention and intervention, including crisis management and suicide risk assessment. Develop empathy and communication skills to effectively support individuals at risk and promote mental well-being.

### What's Covered:

This qualification is  designed to help educate individuals in how to spot signs of self-harm and suicide early in order to help prevent further harm and advise those in need to seek help.

### During this online course, you will study the following units:

- Introduction to suicide and self-harm awareness
- Recognising signs of suicide and self-harm in individuals
- Principles of suicide and self-harm prevention
- Support for individuals when dealing with grief after suicide

### Entry Requirements:

There are no formal entry requirements for this course, however you should have a good level of reading and writing skills.

### Assessment Information:

This is an online learning course and will require the learner to commit to self study hours in order to complete the assessments.

Each learner will be assessed via interactive online resources and end of unit assessment questions. Assessments must be completed in the agreed timescale and submitted to the assessor who will then provide feedback, advice and guidance, and, additional support where needed.

### Fees and Financial Support:

This course is FREE to adult learners aged 19+ who have been a UK/EU Resident for 3 years or more.

### Progression:

There are further Level 2 certificates that you may progress to, which include: mental health problems, dementia care, common health conditions, care planning, autism, learning disabilities, equality and diversity, nutrition, safeguarding. Also you may progress to a Level 2 or 3 Diploma in Adult Health and Social Care or progress on to an apprenticeship within the sector.

## How do I find out more?

For more information, please get in touch by contacting Kate Curtis on 01785 275594 or email kate.curtis@nscg.ac.uk