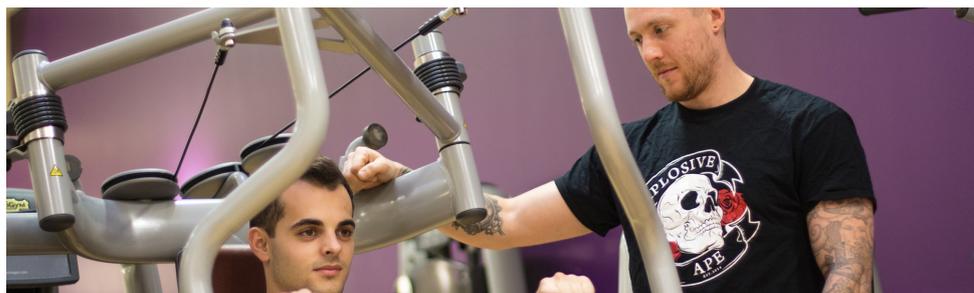


A+ Programme Level 3 Extended Certificate in Sports Science



Subject Type
Sport & Public Services

Course Location
Newcastle

Level
Level 3

Course Information

This course is designed to be studied alongside 2 A Levels and combines well with Sociology and Psychology. The course is equivalent to one A Level and will provide you with a broad basis of study for the sport and exercise science sector.

You will study 3 mandatory units including:

- Functional Anatomy
- Applied Sport and Exercise Psychology
- Coaching for Performance and Fitness

You can choose your final unit from the following units:

- Biomechanics in Sport and Exercise Science
- Specialised Fitness Training
- Physical Activity for Individual and Group Based Exercise

The course is designed to support progression to higher education when taken as a programme of study that includes other appropriate A Levels. This course combines well with Sociology and Psychology.

Entry Requirements

You will need a minimum of five GCSEs at grade 5 or above including maths and English Language, in subjects relevant to your A Level or A+ Programme subject choices.

In addition you will have at least grade 5-5 in Combined Science GCSE or two grade 5s in any science subject.

For Sports Science this must include:

- ~GCSE Science (preferably Biology) at grade 5 or above

Assessment Information

Both Functional Anatomy and Psychology are externally assessed via anatomy being an exam and psychology as an externally written submission. All other units are internally assessed through a range of assessment methods including role plays, written documents, practical's and presentations.

Fees and Financial Support

This course is free for anyone aged 16 – 18. If you are outside this age group please contact 01782 254188.

College Maintenance Allowance (CMA): Anyone with a household income under £23,000 can receive up to £20 per week financial support to help pay for travel and meals and meet the costs of essential trips, books, stationery and equipment. The payments will be subject to full attendance on your course. A range of other financial support is available, depending on your personal circumstances. For more details visit www.nscg.ac.uk/finance

New course

Top FE college

Progression

You can progress to Higher Education or directly into employment.

What else do I need to know?

The Extended Certificate is equivalent to one A Level and is taken alongside two A Levels.

How do I find out more?