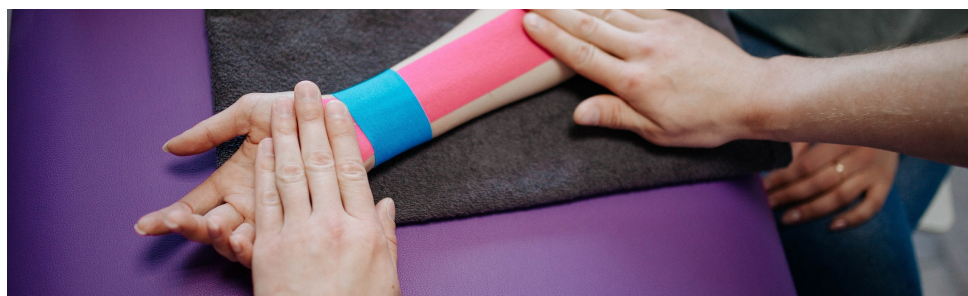


# Level 3 Award in Taping and Strapping for Sport and Active Leisure (July 2024)



Subject Type  
Exercise & Fitness

Course Location  
Newcastle

Level  
Level 3

## Course Information

The VTCT Level 3 Award in Taping and Strapping in Sport and Active Leisure is a qualification that has been designed to develop the skills, knowledge and understanding you will need to apply taping and strapping to prevent and manage injury in sport and active leisure. This qualification may also serve as continuing professional development (CPD) for those already working in the sport and active leisure industry.

Throughout this qualification you will develop an understanding of the accepted standards of practice, the relevant indications and contraindications, and health, safety and hygiene related to taping and strapping.

## Entry Requirements

There are no formal entry requirements but an interest in sport, sports therapy and general supportive practice will be expected.

## Assessment Information

## Fees and Financial Support

If you are 19-23, it is your first Level 3, and are studying an SFA approved Level 3 programme you may be eligible for full fee remission.

You can apply for an Advanced Learner Loan or Higher Education Loan to help with the costs of your course if you are 19 or older and the course you are studying is an eligible Level 3, 4, 5 or 6 course.

\*This is at the Colleges discretion. If you have any queries with regards to the funding of your course, please contact Charlotte Robertson on 01782 254141 or email [charlotte.robertson@nscg.ac.uk](mailto:charlotte.robertson@nscg.ac.uk)

## Progression

After successfully completing the Level 3 Award in Taping and Strapping for Sport and Active Leisure you will be able to support clients and athletes with specific training needs. You may wish to further develop your knowledge by completing a VTCT Level 3 Award in Nutrition for Physical Activity, YMCA Level 2 Award in Gym Instructing or Level 3 Diploma in Sports Massage

## What else do I need to know?

You will be able to devise and evaluate taping and strapping strategies and develop the practical skills needed for the correct application of taping and strapping in sport and active leisure

## How do I find out more?

To find out more apply online and you will be contacted by a member of staff at the college. Alternatively, contact [becky.whiston@nscg.ac.uk](mailto:becky.whiston@nscg.ac.uk) or 01782254205